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His research interests include the use of information and communication technologies in healthcare, with a particular focus on Artificial Intelligence Technologies to support public health and improve healthcare literacy. He has a strong interest in the field of digital mental health, aiming to use technology to benefit both patients and healthcare professionals.

In 2020, Prof. Househ was the recipient of first place in the United Nations ITU Artificial Intelligence Challenge. His work has also been recognized with the Researcher Award from the King Abdullah International Medical Research Centre in 2015, the MBC Hope Awards for Innovation and Social Entrepreneurship in 2015, and as a finalist for the Massachusetts Institute of Technology Arab Enterprise Forum competition in 2014. Additional recognitions include the Young Researcher Award in 2010, the Northern British Columbia Healthcare in Technology Award in 2007, and the Michael Smith Foundation for Health Research Trainee Award in 2003.

Prof. Househ also holds the position of adjunct Professor at the University of Victoria's School of Health Information Science in Victoria, BC, Canada.

With a scholarly contribution of over 340 research papers and more than 14 books, Prof. Househ's work in health informatics has been influential in both the academic realm and practical application, impacting healthcare practices in the Arab world and internationally.

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